



The **Wish** Project

**Have you experienced
violence or abuse
in your family?**

The Wish Project is a free and confidential support service in Coventry for children and young people (0-18 years) affected by domestic violence and abuse.

www.relatecoventry.org

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Have any of these things happened in your family?

- Bad arguments or fights
- Things in your house have been broken
- Your mum/dad/carer have been: pushed, hit, sworn at, called nasty names or threatened
- You or your brothers and sisters have felt scared or been hurt

How does it make you feel?

- Angry
- Sad or frightened
- Worried
- Confused
- Can't get to sleep at night
- Get tummy aches, ear aches or headaches
- Worried about mum/dad/carer



The Wish project provides:

- Advice and support including advocacy work
- Group work for children and young people
- Group work for children and parents
- Individual support plans
- One to one counselling
- Family counselling
- Links to other support services



If you would like to talk to someone about this, please telephone **Safe to Talk 0800 1114998**.

Alternatively telephone the Wish team at **Relate Coventry and Warwickshire** on **024 7622 5863** or email info@relatecoventry.org

Agency referrals to be sent to referrals@coventryhaven.cjsm.net



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